



**Start Point:** Start at Graiguenamanagh, 30 mins. south east of Kilkenny (R700 to Thomastown, then R703) and 30 mins. south of Carlow (R448, then R705). A linear walk, a car may be left on the Carlow side of the

bridge and a second car in St Mullins village.

**Description:** An easy 8km tow-path walk, part of Carlow's Barrow Way.

**Difficulty:** 

**Map:** OS 68

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